



# Rural4Change



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cooperativa sociale



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## EVS in Italy - INFOPACK

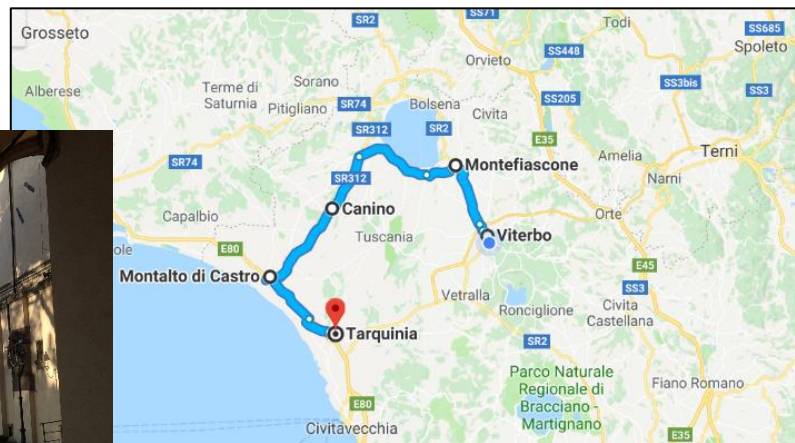
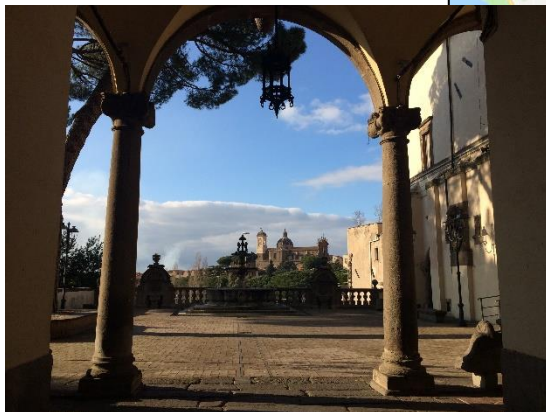
Our main project is based on **social and rural development** and **disability**.

### DATES AND VENUES

**6 volunteers** participate from October 2018 in the 12 months project: **01/10/2018 – 30/09/2019**.

Activities will take place in **VITERBO, MONTEFIASCONE, CANINO, TARQUINIA, MONTALTO DI CASTRO**.

Viterbo



During the project the volunteers will stay in an apartment provided with all facilities, internet connection and common spaces, located in Viterbo.

**VITERBO** is the capital city of Viterbo province, situated in Lazio, connected to Rome by buses and trains (ca. 2 hours). The medieval structure of the city is well preserved, it is rich in museums, palaces, churches, Etruscan and religious monuments. One of the biggest regional celebration is the transport of the *Macchina di Santa Rosa* every September. The surroundings provide great opportunities for sightseeing and trips, for example to the renaissance garden of the Villa Lante in Bagnaia (10 min by bus), to the monster park of Bomarzo (30 min), the so called “dying city of Civita di Bagnoregio” (50 min) and several towns of Bolsena lake (45 min).

Civita di Bagnoregio



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## ACTIVITIES

The two main fields where the volunteer will work are:

### 1. Biological-social farm

Social farming includes farming practices aimed at promoting disadvantaged people's rehabilitation, care and/or the integration of people with 'low contractual capacity' (i.e.: psychophysical disabilities, drug addicts, minors, emigrants). The special added value of social farming is the possibility for disadvantaged people to be integrated in a living context, where their personal potential may be valued and enhanced. The presence and the relationship with the farmers, the contact with other living beings – animal and vegetal ones –, the assumption of specific responsibilities are some of the key features of the rehabilitative practices operated in Alice.

We would like our volunteers to become well aware of the rich patrimony of the diverse agricultural realities in Europe and maybe take an active part in exporting our practices in their country or actively propose theirs in ours. Moreover we want our volunteers to focus on the good relation between **practices of farming** and **practices for social inclusion**. Together with supervising colleagues and clients, the volunteers can participate in: **harvesting seasonal vegetables and fruits; preparing vegetables for orders; service in the shop; daily care and feeding of domestic animals; kitchen workshop; organizing seasonal programs for children and families** (such as olive oil making, grape harvest, pumpkin festival).



*Teamwork and inclusion. Volunteers on the olive harvest*

*Giving food & cleaning at the animals is a daily task*



*In the bio-shop volunteers learn about different vegetables*



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## 2. Daily center with disable people

The daily center is created for people with mental disability (children and adults). Every working day the volunteers have a chance to participate in many kinds of activity. There are: **manual art and do it yourself activities** (make decorations, figures, painting etc.); **recycling and kitchen workshop** (participating in every step of preparing meals for the group, and getting to know even Italian cuisine better when cooking together; it is a great chance for the volunteers to propose to present their national dishes, in this way a great multicultural value is added to this activity); **sports and outside activities** (for example during the summer the centers organize trips often to the nearby lake of Bolsena to rest and enjoy nature, while during the cold months the activities take place in the swimming pool).



*Kitchen laboratory (up) and manual art (down)*



*Learning on computers inside (up),  
therapy and sports outside (right)*



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## **PRACTICAL INFO**

**Task of the volunteers:** help caretakers and actively participate, together with wards, in the activities. In both types of activity (in the farm or in the center) volunteers will be supported by the workers, caretakers and other Italian volunteers. During all the work time we are expecting their help, attention and openness to new suggestions. To experience all the workplaces, the volunteers will rotate between the different activities. Volunteers will have **activities from Monday to Friday**, usually 6 hours per day (the total won't exceed 35 hours, including Italian lesson and meal time when they are part of the activities). Volunteers will have **two days off every month** to take whenever they would like.

**The selection process of volunteers:** will be done by making an analysis of **CVs** and **motivation letters** of any candidates who will apply through the partner organizations. After an initial triage, we will conduct a 30 minute Skype interview with each of the selected candidates. Our purpose is finding the right volunteers whose learning expectations and needs are met within our project objectives so that we can find the right balance between expectations and desired outcomes of the project.

**Food and accommodation:** The accommodation has got all the facilities and comforts; a shared kitchen; double or triple rooms (volunteers accommodated according to gender). In the days of the kitchen laboratory volunteers will eat in the hosting organization. Breakfast and other meals will be organized by the volunteers, as well as meals for the free days and holidays, and for this will be given a food allowance each month.

**Monthly allowance:** Every volunteer will get his/her allowance ("pocket money") of 120 € at the beginning of each month. The coordinating organization will take care of this task. Money will be transferred directly to the volunteers' bank account. Volunteers receive a yearly travel pass for buses which enables them to use COTRAL public bus transportation within the zone.

**How to get there:** The best option is to fly to Rome International Airport (Fiumicino). Then take a train to **Viterbo – Porta Romana**. Other options are also possible, we can discuss them later.

**What to bring with you:**

The main activity is in a social farm, so we recommend to bring old sneakers or trekking shoes for wet/mixed terrain, comfortable clothes or outdoors trousers, waterproof jacket, sun cream, mosquito spray. Bed clothes are provided. Electrical sockets are Central European (same as Germany, Austria etc.), please bring your adaptors if needed (but you can purchase them here, after arrival as well).

**More information:**

We have created a closed **Facebook group** where all our volunteers and ex volunteers can share information and contacts <https://www.facebook.com/groups/249498325085426/?fref=ts>

Our 2017/18 volunteers' blog about their project <https://interculturality.wordpress.com/>

**Contact and Information:**

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